Be all you can be 2020 - 2025 - Learning Disability Strategy
The Big List

February 2020
1. Feeling Well

- Provide health passports for people with learning disabilities when they go into hospital.

- Support from the liaison nurse for people with learning disabilities if they go to hospital.

- Help people with learning disabilities to understand information about medical appointments.
• Promote health checks for people with learning disabilities.

• Support people with learning disabilities to look after their own health.

• Make sure people with learning disabilities get the same support as everyone else for sexual health and wellbeing including relationships.

• Let people know where there are fully accessible toilet facilities.
• Develop a learning disability palliative care pathway.

This is how we will care for and support people with learning disabilities before they die.
2. Feeling Involved

- Make sure people with learning disabilities are part of the community and get best use of local services.

- Make sure people with learning disabilities are involved in local activities and groups.

- More places to volunteer.
• More places for employment.

• Make it easier for people with learning disabilities to meet up.

• Better transport options. This could be things like shared transport.

• Better access to leisure and sport activities.
3. Feeling Valued

- Make sure older people with learning disabilities are not treated differently.

- Staff to share an information sheet. The information sheet will have their:
  - name
  - photo
  - job
  - telephone number.

- Make our paperwork easier to understand.
• Help people with learning disabilities to manage Self Directed Support.

• Share good ideas about how to use Self Directed Support.

• Make sure people with learning disabilities are involved, listened to and have a say.

• People with learning disabilities to have an independent advocate if they want one.

An independent advocate is someone who supports people to have a say.

• Help people with learning disabilities to keep the skills they learn at school and college.
• Talk to people with learning disabilities every year to make sure we are doing the right things.
4. Feeling Supported

- Publish a ‘Market Position Statement’.
  This is a plan about the housing that we need for people with learning disabilities.

- This plan will help people with learning disabilities have better housing options.

- Train staff to support people with learning disabilities.
• Have respite care that suits the needs of people with learning disabilities, their families and carers.

• Help people with learning disabilities to try new things.

• Help people with learning disabilities to feel independent.

• Make sure family carers get access to support services.
• Keep information about our learning disability services and resources on Scotland’s Service Directory and Aliss.

These are services that help people to find support in their area.
If you require this document in another format,
or if you need more information contact:
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