

## Carers (Scotland) Act 2016 Briefing

The Carers (Scotland) Act 2016 was implemented in April 2018 and placed new duties on all Scottish local authorities and health and social care partnerships. The act applies to both adult and young carers and aims to support carers' health and wellbeing, to make caring more sustainable.

Aberdeenshire Health and Social Care Partnership (AHSCP), continue to make good progress with Carers Act duties and other actions identified in the Aberdeenshire Adult Carer and Young Carer Strategies (<http://publications.aberdeenshire.gov.uk/dataset/local-carer-strategies>)

### Supporting Carers with Eligible Needs - Care Manager / Carer Practitioner Update

Kara Robertson recently started in the role of Carer Practitioner / Care Manager, working alongside Elinor Allan and Tracy Buxton. Additional resource is required due to an increase in referrals for carers meeting the eligibility criteria for individual budgets following completion of an Adult Carer Support Plan (ACSP) or Young Carer Statement (YCS). Carer Practitioners support eligible carers to develop a plan for their allocated personal budget, offering the four Options under Self-directed Support (SDS). Recent examples include use of individual budgets for Pilates and yoga classes, to achieve breaks from caring roles.

### Aberdeenshire Carer Support Services

Quarriers Aberdeenshire Carer Support Service offer advice, information and support to complete an ACSP or YCS. For information and advice for adult and young carers please contact Quarriers, Tel: **01467 538700** or Email: [aberdeenshircarers@quarriers.org.uk](mailto:aberdeenshircarers@quarriers.org.uk)

### Young Carer Awareness

A short video is being produced to give a wider understanding of the role of a young carer. Working together with representatives from Aberdeenshire Council's ALDO (Aberdeenshire Learning and Development Online) training team and Quarriers, it is hoped the video will be available at the start of 2020. The project began with Quarriers organising sessions in the October holidays for Young Carers to create Stikbot animations of their caring role and this is being developed into a film and animation video, to use for Aberdeenshire staff training and to help raise the profile of young carers. Quarriers will host a movie screening night for the young carers involved and their families in the New Year.

Young carer literature updates are in progress, with young carers from Mackie Academy and Quarriers Young Carer focus group involved in the design concept. The aim is to increase awareness of young carers in schools and the wider community. The new materials will be launched early next year.

The Carer Strategy team would like to thank the young carers involved with the animations and literature review.

### Carer Support Literature

Work continues on local carer support literature including the Waiving of Charges and updates to the Aberdeenshire Short Breaks Service Statement and Information Pack.

Please contact us if you have any feedback or suggestions for any adult or young carer support information content or distribution, by emailing: [carersupport@aberdeenshire.gov.uk](mailto:carersupport@aberdeenshire.gov.uk)

## **Carer Support Webpages**

Aberdeenshire Council's [Caring for Others](http://www.aberdeenshire.gov.uk/caring-for-others) webpage now has a shortened URL of [www.aberdeenshire.gov.uk/carersupport](http://www.aberdeenshire.gov.uk/carersupport) It contains useful links to other carer support webpages and to documents such as the Aberdeenshire Carer Information Pack, Local Carer Strategies, Eligibility Criteria, Aberdeenshire Short Breaks Service Statement (SBSS) and the Carer SVQ application form.

## **Next Briefing**

The next Carers Act Briefing will be circulated internally by email in March 2020. It will also be added to [Quarriers](#), [PAMIS \(Promoting a more inclusive society\)](#) and [Aberdeenshire Voluntary Action \(AVA\)](#)'s newsletters. The current briefing will be available on the Aberdeenshire Council website carer pages: <http://www.aberdeenshire.gov.uk/social-care-and-health/community-care/caring-for-others/carers-rights-and-legislation/> Previous editions are available on request by emailing [carersupport@aberdeenshire.gov.uk](mailto:carersupport@aberdeenshire.gov.uk)

If you have any queries or would like to find out what support is available to you as a carer in Aberdeenshire, please email us: [carersupport@aberdeenshire.gov.uk](mailto:carersupport@aberdeenshire.gov.uk)

The Carers Strategy Team thank you for your continued support during implementation of the Cares Act in 2019. Best wishes for the festive season and 2020.

**Carers Strategy Team**

**12 December 2019**

