

## **Carers (Scotland) Act 2016 Briefing**

The Carers (Scotland) Act 2016 was implemented in April 2018 and placed new duties on all Scottish local authorities and health and social care partnerships, to support unpaid adult and young carers in a different way.

Aberdeenshire Health and Social Care Partnership (AHSCP), continue to make good progress with Carers Act duties and other actions identified in the Aberdeenshire Adult Carer and Young Carer Strategies (<http://publications.aberdeenshire.gov.uk/dataset/local-carer-strategies>).

### **Supporting Carers with Eligible Needs - Care Manager / Carer Practitioner Update**

Recruitment is underway for an additional Care Manager / Carer Practitioner due to the high number of carers who meet eligibility criteria for individual budgets, following completion of an Adult Carer Support Plan (ACSP) or Young Carer Statement (YCS). The additional resource will support Elinor Allan and Tracy Buxton to apply the eligibility criteria and allocation of personal budgets for carers taking account of the Self-directed Support (SDS) options.

Recent carers' support budgets have included innovative use of SDS to achieve breaks from their caring role; such as purchase of camping equipment, gardening products and stress relieving therapies and activities.

### **Aberdeenshire Carer Support Services**

Quarriers Aberdeenshire Carer Support Service offer advice, information and support to complete an ACSP or YCS. For information and advice for adult and young carers please contact Quarriers, Tel: **01467 538700** or Email: [aberdeenshirecarers@quarriers.org.uk](mailto:aberdeenshirecarers@quarriers.org.uk)

### **Respite Pilot Project Update**

Quarriers have recruited a Respite Family Wellbeing Worker, who will start at the end of September. Respite, described as 'Respite + Hospitality', aims to provide short breaks for carers in Scotland, using donations from hospitality, tourism and leisure businesses. The pilot project will be trialled in central Aberdeenshire with a view to replicating across Aberdeenshire if successful. For more information on Respite visit: [www.sharedcarescotland.org.uk/respite/](http://www.sharedcarescotland.org.uk/respite/)

### **Carers Rights Day 2019**

Carers Rights Day is an annual event to help carers find out about their rights as a carer and where to go for support in their local area. This year's Carers Rights Day will be held on Thursday 21<sup>st</sup> November and Quarriers Aberdeenshire Carer Support Service will be hosting an event at The Lodge on the Loch in Aboyne, from 11am to 2:30pm. More details will be available shortly from Quarriers.

### **Waiving of Charges**

Local guidance on the waiving of charges for services to carers is currently being developed and outlines the legal requirements for the provision of carers support, waiving of charges and replacement care required. This will include local examples of support when the waiving of charge rule has been applied.

## **Carer Support Literature**

Working with Quarriers, initial discussions with some Young Carers took place in the summer to set up a design group for Young Carer literature. The next stage of the design review will take place in the school October holidays with Young Carer volunteers, who can guide on design and content of the materials to use in schools and other places. The aim is for young carers to be able to identify themselves in a carer role and to raise teacher/pupil/public awareness.

Please contact us if you have any feedback or suggestions for any adult or young carer support information content or distribution for by emailing: [carersupport@aberdeenshire.gov.uk](mailto:carersupport@aberdeenshire.gov.uk)

## **Carers Parliament 2019**

Carers Parliament takes place in Edinburgh on 30 October 2019 and this year's theme is Diversity of Caring. Aberdeenshire carers who applied for carer spaces in the August ballot have now been offered places to attend the event.

## **Consultation – Draft AHSCP Strategic Plan 2020 to 2025**

Consultation on the draft Aberdeenshire Health and Social Care Partnership (AHSCP) Strategic Plan 2020 to 2025 is now open. The plan sets out AHSCP's vision and key priorities it will focus on for the next five years. The consultation remains open until **4th October 2019**.

For more information and to provide feedback on the draft plan visit the strategic plan engagement webpage: <https://www.aberdeenshire.gov.uk/social-care-and-health/ahscp/engagement/strategic-plan-engagement/>

## **Next Briefing**

The next Carers Act Briefing will be circulated internally by email in December 2019. It will also be added to [Quarriers](#), [PAMIS \(Promoting a more inclusive society\)](#) and [Aberdeenshire Voluntary Action \(AVA\)](#)'s newsletters. The current briefing will be available on the Aberdeenshire Council website carer pages: <http://www.aberdeenshire.gov.uk/social-care-and-health/community-care/caring-for-others/carers-rights-and-legislation/> Previous editions are available on request by emailing [carersupport@aberdeenshire.gov.uk](mailto:carersupport@aberdeenshire.gov.uk)

If you have any queries or would like to find out what support is available to you as a carer in Aberdeenshire, please email us: [carersupport@aberdeenshire.gov.uk](mailto:carersupport@aberdeenshire.gov.uk)

## **Carers Strategy Team**

**19 September 2019**