

Cheese & Tomato Pizza

Allergens – **Gluten**, **Milk**, **Soya**

Ingredients

Quantity	Ingredient
675 g	Pizza Base Mix (Craigmillar) (contains Wheat , Soya)
510 ml	Water (for base)
240 g	Tinned Tomatoes (chopped)
240 g	Fresh Tomato (sliced)
500 g	Cheddar Cheese (grated)
240 g	Onion (diced)
15 g	Margarine - Stork



Vegetable and accompaniment is provided based on the current menu

Method

1. Make up the pizza base as per the manufacturer's instructions.
2. Make individual pizzas bases or line a tin with the pizza dough mixture.
3. Sauté the onions in the margarine, add the chopped tomatoes and mix well. Blend, if preferred, and simmer to spreadable consistency.
4. Spread mixture over the pizza base/s. Add sliced tomato and top evenly with grated cheese.
5. Bake in a hot oven, 200°C, 400°F, Gas Mark 6 for approximately 20 minutes until golden brown.

Nutritional Content per 100g

Energy (kcal)	Fat (g)	Saturated Fats (g)	Sugar (g)	Salt (g)	Carbs (g)
= 222	= 9.4	= 5.6	= 1.8	= 0.8	= 24.1

Portion size - Primary – 100g

Reviewed May 2019