

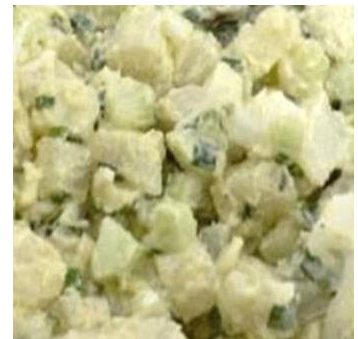
# Potato Salad

**Allergens – Eggs, Milk, Mustard**

## Ingredients

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Quantity	Ingredient
1.5 kg	Potatoes - Ware
30 g	Spring Onions – 1 bunch (diced)
75 ml	Light <b>Mayonnaise</b> Hellman's (contains <b>Eggs, Milk, Mustard</b> )
150g	Low Fat Natural <b>Yoghurt</b>



## Method

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1. Prepare potatoes, cook, cool and dice.
2. Mix potatoes together with yoghurt, mayonnaise and spring onions.
3. Store chilled until ready for serving.

### Nutritional Content per 40g

Energy (kcal)	Fat (g)	Saturated Fats (g)	Sugar (g)	Salt (g)	Carbs (g)
= 60.5	= 1.3	= 0.2	= 3.4	= 0.2	= 11.1

**Portion size - Primary - 40g**