

Green Beans (sliced)

Allergens – N/A

Ingredients

Quantity	Ingredient
1kg	Green Beans (sliced)



Method

1. Cook as per manufactures instruction

Nutritional Content per 100g

Energy (kcal)	Fat (g)	Saturated Fats (g)	Sugar (g)	Salt (g)	Carbs (g)
= 25	= 0.2	= 0.2	= 2.2	= 0.00	= 4.8

Portion size - Primary - 50g

Reviewed April 2018