

Let's eat

Baked Potato with Coronation Chicken topping

Allergens - **Milk**, **Eggs**, **Mustard**



Portion Size – Primary 70g Chicken

Nutritional Content per 100g Coronation Chicken

Energy (kcal)	Fat (g)	Saturated Fats (g)	Sugar (g)	Salt (mg)	Carbs (g)
= 130	= 4.9	= 0.8	= 10.2	= 0.99	= 7.3

Nutritional Content per 100g Baked Potato

Energy (kcal)	Fat (g)	Saturated Fats (g)	Sugar (g)	Salt (mg)	Carbs (g)
= 136	= 0.2	= 0.1	= 1.2	= 0.1	= 31.7