

# Egg Mayonnaise Filling

Allergens – **Eggs**, **Milk**, **Mustard**

## Ingredients

---

Quantity      Ingredient

700g      **Eggs** (14)  
100ml      **Lite Mayonnaise**  
                 Hellman's (contains **Eggs**, **Milk**, **Mustard**)

## Method

---

1. Hard boil the eggs, cool, peel, chop finely and mix with the mayonnaise.
2. Store chilled until required for use.

## Notes

---

Sliced Tomato can be added to filling.

## Nutritional Content per 100g

Energy (kcal)	Fat (g)	Saturated Fats (g)	Sugar (g)	Salt (g)	Carbs (g)
= 165	= 13	= 3.2	= 0.6	= 0.6	= 1

**Portion size** - Primary – 40g      Academy – 50g