

# Chicken Filling

## Allergens – Milk

## Ingredients

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Quantity	Ingredient
800g	Chicken Breast Roast (sliced)
10g	<b>Margarine</b>

## Method

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1. Cook the chicken breast following manufacturer's instructions the day before required.
2. Cool according to Food Safety Management System guidelines.
3. Slice the chicken thinly and portion accordingly.

## Note

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Sliced Tomato can be added to the filling.

## Nutritional Content per 100g

Energy (kcal)	Fat (g)	Saturated Fats (g)	Sugar (g)	Salt (g)	Carbs (g)
= 113	= 1.4	= 0.3	= 0.8	= 0.44	= 2.3

**Portion size - Primary – 40g**