

# Chocolate Cookies

Allergens – **Gluten**, **Milk**

## Ingredients

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Quantity	Ingredient
300g	<b>Self-Raising Flour</b> (contains <b>Wheat</b> )
220g	<b>Margarine</b>
220g	Soft Brown Sugar
20g	Cocoa Powder
30g	Golden Syrup



## Method

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1. Lightly oil baking trays.
2. Cream the margarine and sugar. Add the syrup
3. Sift the flour and incorporate into the mixture.
4. Place heaped teaspoons of the mixture on the trays and flatten slightly.
5. Bake at 180° C, 350° F Gas Mark 4 for 10 minutes.
6. Remove from the oven. Leave for 2 to 3 minutes, then place on a cooling wire.

## Nutritional Content per 45g

Energy (kcal)	Fat (g)	Saturated Fats (g)	Sugar (g)	Salt (g)	Carbs (g)
= 179.0	= 9.5	= 2.0	= 12.6	= 0.4	= 23.8.

**Portion size** - Primary - 45g

Reviewed April 2018