

Pineapple Pieces

Allergens - N/A

Ingredients

Quantity	Ingredient
1	Pineapple



Method

1. Prepare the pineapple into wedge slices.
2. Arrange the selection attractively in a serving container.

Nutritional Content per 50g

Energy (kcal)	Fat (g)	Saturated Fats (g)	Sugar (g)	Salt (g)	Carbs (g)
= 18.6	= 0.1	= 0	= 4.6	= 0.0	= 4.6

Portion size - Primary - 50g

Reviewed May 2019