

Egg Mayonnaise Sandwiches

Allergens – Gluten, Egg, Milk, Mustard

Ingredients

Quantity	Ingredient
600 g	Eggs x 12
75 ml	Lite Mayonnaise Hellman's (contains Eggs , Milk , Mustard)
1600 g	Whole meal Bread (sliced) (contains Wheat & possible traces of Barley , Oat or Rye)

Method

1. Hard boil the eggs, cool, peel, chop finely and mix with the mayonnaise.
2. Prepare sandwiches and slice into 4 triangle.
3. Store chilled until required for use.

Nutritional Content for 30g of Egg filling + 2 slices of bread

Energy (kcal)	Fat (g)	Saturated Fats (g)	Sugar (g)	Salt (g)	Carbs (g)
= 220.5	= 6.4	= 1.6	= 1.4	= 1.0	= 29.4

Portion size - Primary – 30g Egg filling