

Introduction

The aim of the locality plan is to provide a framework for how Aberdeenshire Health and Social Care Partnership (AHSCP) intends to improve health and well-being for people living in Kincardine & Mearns, based on local evidence and need.

We have gathered information about what matters to the people of Kincardine & Mearns and from this have identified the initial priorities. We will work with all who have an interest in what we do and who are affected by our decisions (ie residents, community groups, health and social care staff and all partners) to address these priorities.

Locality Planning aims to achieve better outcomes and experiences for individuals and communities, and support the best use of resources across health and social care. By becoming involved in the HSCP Locality Planning process you can ensure your views and opinions are heard, and contributions from all partners ensures joint ownership of these plans.

To find out more, including how you can share your views for future health and social care plans in Aberdeenshire email integration@aberdeenshire.gov.uk

You can view the full plans and locality profiles at www.aberdeenshire.gov.uk

PRIORITIES

1. Provide and support the workforce to meet the needs of the people of Kincardine & Mearns
2. Enhance and promote support at moderate and low level need to support mental health and wellbeing.
3. Equality of access to health and social care services.

Reasons why these are priorities in Kincardine & Mearns

*Rates
of depression
are much higher
than the
Aberdeenshire
average*

Rates for
prescription of drugs
to treat anxiety, depression
and psychosis
have **increased** over
the last **10 years**

Towns that have
**rapidly
expanded**
have
issues related to
social inclusion

Some areas are
extremely remote
with **no access to local services**

Recruiting and retaining
health & social care
staff is challenging

Resources in Kincardine & Mearns

GP practices	5	Care homes	1
Community Hospitals	1	Health Clinics	4