



From mountain to sea

<b>Participation Request Outcome Improvement Plan</b>	
<b>Community body</b> Stonehaven District Community Council	
<b>Community body representative</b> [REDACTED]	
<b>Aberdeenshire Council representative</b> Laura Thom	
<b>What outcome does the community body want to improve?</b>	<p>In relation to the implementation of Aberdeenshire Health and Social Care Partnership (AHSCP) Mental Health &amp; Wellbeing Strategy:</p> <ol style="list-style-type: none"> <li>1) Improve connectivity/integration between delivery partners and service users.</li> <li>2) Improve transition, access, and signposting for users and families/carers.</li> <li>3) Improve support available to members of the community living with long-term mental health conditions.</li> <li>4) Improve mental health and wellbeing within the local community.</li> </ol>
<b>Why does the community body want to be involved in the improvement process?</b>	<p>The provision of mental health services in Kincardine &amp; Mearns (K&amp;M) has been a recurring item at SDCC meetings over the course of the last three years and has become a standing agenda item as a key area of interest for the SDCC.</p> <p>Concern increased last year following publication of the 10% rise in death by suicide in Aberdeenshire during 2017.</p> <p>Recurring themes &amp; challenges highlighted by the community include, access/signposting, capacity and long-term support in the community.</p>
<b>What knowledge, expertise or experience will the group bring to the improvement process?</b>	<ol style="list-style-type: none"> <li>1) A dedicated sub-group focused on the issue providing subject matter input, informed by personal and delivery experience.</li> <li>2) Ability to offer independent / objective feedback on the delivery of mental health services, informed by insight from individuals in the community who (are currently) or have experienced mental health issues, either as service users or family members/carers.</li> <li>3) Ability to engage widely in the community with health care professionals, service providers and community members</li> </ol>



<b>How will the group be involved in the improvement process?</b>	<p>Members of SDCC will be co-opted onto mental health projects where there is a link to services within Stonehaven District.</p> <p>This involvement will give SDCC an opportunity to contribute to local mental health service development.</p>
<b>When, with whom and how will the group have an opportunity to inform the decision-making process?</b>	<p>SDCC members will have the opportunity to nominate 2 representatives to participate as a project team member in the following projects, as detailed in AHSCP's Mental Health and Wellbeing Strategy Delivery Plan 2019-2021.</p> <ol style="list-style-type: none"> <li>1) Development of co-production, engagement and involvement approaches in partnership with people with lived experience.</li> <li>2) Development of an online information guide on mental health and wellbeing services and pathways across Aberdeenshire.</li> <li>3) Care pathways improvement (including transition and discharge planning) for people using community mental health services.</li> </ol>
<b>What are the realistic timescales for completing the outcome improvement process?</b>	<p>SDCC's involvement will last up until 2021 (life course of AHSCP's current mental health strategy delivery plan).</p> <p>Review meetings will take place every 6 months between the AHSCP lead officer and SDCC representatives.</p>
<b>Date Agreed</b>	04 <sup>th</sup> July 2019